

**GreenTree Yoga Volunteer TEACHING Form (3 pages) Class # \_\_\_\_\_**

**PLEASE complete this form in a word doc and submit to me right after each class you teach.**

Each observation has THREE parts:

1. Submit to me after each class.
2. Review my comments and respond briefly to my comments.
3. Submit to me again.

I have found that this system provides the best opportunity for mentoring!

**Your Name:** \_\_\_\_\_ **Location:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **Name of Class:** \_\_\_\_\_

Number of students: \_\_\_\_\_

General description of people in the class: \_\_\_\_\_

**Detailed Description of Class** (outline what you did – poses, breathing exercises – please give details)

**List at least 3 things that worked well with the session.**

**What will you change for future classes?**

**What concerns do you have?**

**Favorite Comments**

**Any Questions?**